

Greens Norton C. of E. Primary School



Physical Education Policy

'In our school everyone can join in with everything we offer'

Approved by

J Docking, Chair of Governors

J Pickering, Head Teacher

GNPS Policy Document, Part 1, Section 16,
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Introduction

Physical Education (PE) is a foundation subject within the National Curriculum, and requires the children's involvement in the continuous process of planning, performing, and evaluating, with emphasis on evaluating and improving performance within the following areas of activity: -

- Key Stage 1 - Games, Gymnastic Activities, Dance
- Key Stage 2 - Games, Gymnastic Activities, Dance, Swimming, Athletics, Outdoor and Adventurous Pursuits.

This policy outlines the purpose, nature and management of PE within our school.

The school policy for PE reflects the consensus of opinion of the whole teaching staff and has the full agreement of the governing body

We believe that PE has an important and crucial role in the curriculum, contributing initially to the physical development of our children, and secondly to the whole development of the children in terms of learning social skills and awareness, and in furthering general educational development, through links with other areas of the curriculum, for example - language skills, and aesthetic awareness.

Aims

Through PE we aim: -

1. To deliver a balanced program which promotes physical activity, physical development, and a healthy lifestyle, and provides opportunities for all children to achieve their full potential.
2. To develop social co-operation and positive attitudes in our children so that they may participate and compete with a sense of fair play, show tolerance and understanding to other children, and develop their self-esteem and confidence.
3. To build the children's problem solving skills which arise through playing games, devising their own games, and in improving their own performances.
4. To promote and develop safe practice in PE, and to provide equal opportunities for all our children regardless of gender, race, background or ability.
5. To develop artistic and aesthetic awareness, and linguistic understanding, through participation, in and observing and evaluating performance, and by encouraging evaluation and development of skills to improve performance.

Entitlement

During each school year all children take part in the National Curriculum areas of activity outlined above. The KS1 children follow programs of study in Gymnastics, Games and Dance, with each class receiving two hour long sessions per week. KS2 children also have two weekly sessions totaling two hours where they are involved in Gymnastics, Games, Swimming (occurring in half-termly blocks and alternating with some Games lessons), Dance, Athletics and Outdoor and Adventurous pursuits.

PE for the Reception children is carried out in line with the Early Learning Goals for the Foundation Stage. The children are engaged in physical activity throughout the week in the form of gross motor skill development through riding bikes, climbing, balancing, crawling etc. They are also continually developing manipulative and fine motor skills through a wide range of activities including threading, painting, building and cutting.

Active Break Times

Lunchtime staff have received training in the use of 'Huff 'n' Puff' equipment which is available for use weather permitting.

Active Travel

Children have the opportunity to walk to school on the 'walking bus' three times each week.

School Sports Partnership

Our school is supported by the South Northants, Schools Sports Partnership. This entitles us to a range of training courses and cluster school activities for groups of children to participate in. This widens their experience of competing against other teams and enables them to participate in a range of organised sports activities including football, netball, rugby tournaments, athletics and cross-country events, swimming, dance, gymnastics and 'multi-skills'.

Implementation

The implementation of this policy is the responsibility of all the teaching staff.

In Key Stage 1 and 2, teaching will mainly follow the Rawmarsh scheme of work which is based on the QCA scheme for PE.

Children will be encouraged to plan, perform and evaluate and each lesson should provide an opportunity to develop and reflect on each element within this process. The use of the appropriate language and terminology associated with the various aspects of physical education will be given high priority in the children's planning and evaluating.

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The children are taught by their class teacher and also by members of staff with particular interests, skills, and/or appropriate coaching qualifications. Occasionally our children benefit from visiting specialists and coaches. A qualified swimming teacher supervises the teaching of swimming.

In teaching Gymnastics we follow a thematic approach, and there is a skill-based emphasis in the teaching of Games.

Athletics is taught during the summer months with emphasis placed upon each child improving its own level of performance. All the children are encouraged to take part in our School Sports Event, and there are opportunities for our more talented children to compete in the District Sports. Opportunities for Outdoor and Adventurous Pursuits occur during educational visits, residential courses, and through cross-curricular links with orienteering, and making and using maps in Geography and topic work.

Links with other subjects

Children learn about how to maintain a healthy body in Science lessons and each year group visits the Life Education Van where they learn about different aspects of Personal, Social and Health Education. Physical Development is one of the six areas of learning for children in the Foundation Stage where it is integrated into the curriculum with a range of outdoor activities on offer at all times.

Equal Opportunities

Every attempt will be made to ensure that the Special Needs of children catered for through the use of differentiated equipment and adaptation of games. More able children will be given handicaps to extend and broaden their ability. Children work at their individual levels and are fully integrated into participating on equal terms with the other children.

We try to ensure an equal interest level in our PE activities for both boys and girls. All our KS2 children learn skills for football, netball, hockey and rugby, and participate in small games.

Equally we try to encourage enjoyment and participation in sports regardless of ability level. There are extracurricular clubs such as football, basketball, netball, cross country and athletics open to KS2 children to enjoy and build their skills at their individual levels, and opportunities to take part in matches against other schools.

Health and Safety

The safety of our children is of paramount importance in all areas of PE. The school Health and Safety Policy Document, and the Northamptonshire Code of Practice for GNPS Policy Document, Part 1, Section 16,

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Physical Education, Outdoor Pursuits and Swimming Handbook, details guidance for all members of staff.

The children throughout the school are taught to follow basic rules when taking part in activities to ensure the safety of themselves and others. There is a specific health and safety code for the children when using the swimming pool and goggles are not to be worn, please refer to the County Council guidelines.

The safe use of equipment will be encouraged at all times, and the children are taught to move and store equipment in a safe manner. The handling of the large P.E. apparatus must always be under the close supervision of an adult; and each teacher has the responsibility for checking this equipment before use, and reporting any defects, which need attention. There is a regular servicing contract in operation.

All children must change into shorts and t-shirts, and have bare feet for indoor PE activities. Fashion trainers do not grip well and are not suitable. No jewellery is to be worn and long hair needs to be tied back. Parents are regularly updated regarding these rules, and all children are expected to comply. Parents must provide a written note if children are not participating for medical reasons, and these children will be included in a purposeful, if not physical, manner when at all possible. Spare P.E. clothes can be borrowed if kit is forgotten.

Assessment and Record Keeping

Assessments are made in line with the school's assessment policy. All staff will make on-going teacher assessments against the QCA scheme of work learning outcomes and National Curriculum programme of study.

PE Co-ordinators Role.

The PE coordinators role within the school is:

- To monitor the teaching of PE throughout the school.
- To develop and put into practice a yearly action plan for the development of PE within the school.
- To carry out a regular audit of equipment for all staff.
- To be responsible for the safe and accessible storage of equipment.
- To replace and update PE equipment as necessary.

Background Documentation

This policy was informed by reference to the National curriculum for Physical Education, the DFCSF QCA scheme of work for Physical Education, the Foundation

Stage Guidance document, non-statutory guidance, and materials and advice from LASI (Learning Achievement and School Improvement).

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